AYURVEDIC SCHOOL & CONSULTATION

Rose of Jericho

Botanical Name: ANASTATICA HIEROCHUNTINA



Hindi: Garbha Phul

Gujarati: Garbha Pushpa

Sanskrit: Yoni Suman, Garbha Kusum,
Rakta Suman, Yoni Pushpam, Yoni Kusum

English: Rose of Jericho

Preparation: Cold infusion, Jivkusum,
Garbha vati (in present time none)
Part used mainly flower but now none.

Interesting: It was used in old time by traditional Vaidya's as a potent medicine to treat women diseases. It was part of pharmacopeia of Ayurveda in Prabhuram Ayurvedic College during late 19th century and early 20th century for treatment during pregnancy and during menstrual problems. One of the potent formula was Kumari (Aloe Vera) + Manjishta + Yoni Suman. It was also use in treatment of Vandhya means sterility and of Kak Vandhya means one child sterility.

Energetically it is very powerful herb and many times it was used to treat not only physical level problems in women but metaphysical levels too, to balance endocrine and hormonal system with other herbs. As per traditional Vaidya's, this plant is so energetic that first it should be preyed upon with 'Gayatri' or other mantra and by taking permission only one can use the flower.

Many cultures believe that this plant can bring prosperity and happiness in the house. Some cultures like Sanitarians also believe that this plant is associated with angels of light and thunder.

Ayurvedic Name: The name Garbha Kusum is derived from 'Garbha', a womb and Kusum means flower. The opening of the herb, when put in water and its closing in again when dry, is symbolical of the opening of the womb in child -birth and closing of it after delivery or in other menstruation problems. Its Arabic name is Ayesha and that is name of the wife of Prophet and mother of faithful.

PHONE
C: (720)-382-6488
O: (720)-639-6645

ADDRESS
2082 Grayden Ct.
Superior, Colorado

WEBSITE
www.ayurvedsadhana.com

This flower is also related with resurrection of Christ, as legend speaks throughout Christ life on mother earth this flower continue to flourish but when he died on cross all flowers wasted away and died and again they revive after three days during resurrection of Christ.

Legend also says that it is related with opening and closing of Mother Mary's womb. People use to keep this plant dormant in the home and bring it out during Christmas time with Christmas decoration in home and passing it down through generations to generations to continue prosperity and continuation of life.

Sir James Watt, Father Nerine and other mentioned about this plant. Dr. Popat Prabhuram mentioned about availability of this plant in Mumbai Bazar. In Persian -Zoroastrian Vaidya's its use was very famous in old days.

Habitat: Many part of India like Maharashtra, Gujarat, Punjab etc., Whole middle east, Africa, Part of USA, Latin America, Italy, Spain, Burma.

Characters: In old days as sold in Indian Bazar, it is dry herb of brownish white color, and occurs in the form of fig. The branches given off from the root are short, woody and trichotomous. Each sub-branch is dichotomously disposed. The branches when spread out straight upon ground, but when the plant dried up they curl inward to form a ground ball (corymbose). The root occupies with numerous small capsules, which are white and hairy.

Peculiarity: In shape the whole herb resembles water goblet. The top of it is formed of two marginals concave wings, between which a curved prickle like process projects. This process is exerted beyond lobes. It possesses a curious hydrometrical property and when places in water it spread flat by absorbing it.

Guna (Property): Tikshna (Sharp), Laghu (Light), Snigdha (Oily)
Rasa (Taste): Katu (Pungent), Kashay (Astringent)
Virya (Potency): Ushna
Vipak (Post Digestive Chemistry): Katu
Prabhav (Special Property): Opening of womb

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Universal (but now forgotten) plant of Ayurveda: Plant of Shakti, Plant of Mother Mary Plant of Resurrection, Flower of Ayesha

Ayurvedic Uses:

Most of its uses are on reproductive system of Shakti (woman). It was used in In Kastartava means Dysmenorrhea, Artavnasha means Amenorrhea, Ati-artava means Menorrhagia and other disorders of reproductive system with herbs like Shatavari, Vidarikand, Ashwagandha, Sariva and spices like Turmeric, Ginger, Cinnamon etc.

This herb particularity has its special effect on endocrine system and through that on hormones and when we talk about endocrine system we are also talking about metaphysical planes. Flower of Jericho is not only mentioned in old Ayurved for physiological benefits and repair but psychological or Manovaha Srotamsi (psychological channels) too, to keep in a delivery room can safeguard both mother and child. Other uses are for blessings, for wealth, safe birth and awakening once own inner consciousness and continuation of generation.

Mind body and spirt of this universe, mother nature and human being relates to each other on metaphysical and physical level. All three are survive on each other shoulder and progress on path of healing love and peace. Many such plants like Rose of Jericho highly necessary for survival of mother earth, humans and animals-it is mother nature connection.

Info: Old Archive Prabhuram Ayurvedic Vidyalaya (college) Trust, Mumbai, India and School of Divinity -Catholic University of Leuven, Belgium- Europe.

Edited by Dr. Bharat Vaidya for Ayurved Sadhana Vidyalaya U.S.A.
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Prayer of Rose of Jericho:

"Heavenly Rose of Jericho: By the Blessing that you got from Our Lord Jesus Christ, by the effortlessness and influence that you have help me vanquish the troubles of life, gift me wellbeing, quality, joy, serenity, and peace to profit to cover my needs and those of my family and my crew." Namaste and Happy Holiday's -it's wonderful time.

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